



Wellness & Biophilia Symposium

Using Nature-Inspired Design to Foster Workplace Wellness

Thursday 6th June 2019, BRE, Watford

Day 1

8.45	Registration & exhibition open	Health and Wellbeing Breakfast
9.30	Conference welcome followed by Chairs Welcome	BRE – Chief Executive
Session 1	Biophilia and the links to health and Wellbeing	
9.40	Keynote: Biophilic Design – Our Intrinsic Connection to Nature	Oliver Heath, Oliver Heath Design
10.10	Gathering the Evidence of Value – BRE's Biophilic Office Project	Ed Suttie, Director Research and Advisory, BRE
10.40	Panel discussion & Q&A	
11.00	Break & networking	
Session 2	Biophilic Design – Evidence of benefits	
11.20	Stressed, unproductive, unmotivated. What specific benefits can a biophilic approach bring to the workplace: theory and practice	Martin Brown, Fairsnape Sustainability Provocateur
11.40	The office in Nature: the role of landscape architecture in biophilic workplace design	Joe Clancy, Senior Landscape Architect, WSP
12.00	The Future of the Workplace – Occupier Demands in the 21 st Century OR Benefits of biophilic design in the healthcare sector OR GBCI (green building council institute) presentation	TBC
12.20	Panel discussion & Q&A Followed by 3 x 5 min explanation of the Partners workshop session from the facilitators	
12:50	Lunch & networking	
Session 3	Breakout Partner workshops x 3	
14:00	Welcome from dissemination partner & facilitator:	
	Oliver Heath – biophilic design	M&S Akzo Nobel/BIID
15.15	Break & networking	
Session 4	Monitoring and measuring buildings and occupants	
15.30	Affective buildings	TBC



15.45	Houseplants: from leaf to office scale	Tijiana Blanusa, Reading University & RHS
16.00	Indoor air quality and health and wellbeing	Carla da Silva, Scientist, Environnent, BRE
16.15	Lighting and health and wellbeing	Cosmin Ticleanu, Principle Consultant, Environment, BRE
16:30	Q&A Session followed by Conference closing remarks	
Session 5	CPD sessions – 1 hour	
16.45	Biotecture	Ambius Kenneth Freeman Head of innovation
		Ecophon Paige Hodsman Concept Development Module 8: Psychoacoustics in the Workplace – Psychological and Physiological Perspectives in Office Design
		Waldmann
19:00	3 course Evening Dinner with a reception @ The Mercure Noke Hotel Delegates attending the symposium are invited to book a place at the dinner.	



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Friday 7 June 2019, BRE, Watford

Day 2

8.45	Registration & exhibition open	Health and Wellbeing Breakfast
9.30	Conference welcome followed by Chairs Welcome	Deborah Pullen, Executive Director, BRE Trust
9.40	Keynote – Eden project	Mike Maunder, Board director of Eden Project Ltd
Session 1	Biophilic Case study led presentations	
10.10	Wellness driving office design: case study from Dubai	Dalia Wagdi, Senior Sustainability Consultant, AESG
10.25	An ideal biophilic design process: achieving maximum benefit for the biophilic office	Richard V. Piacentini, President and CEO, Phipps Conservatory and Botanical Gardens and Sonja Bochart, Principal, Shepley Bulfinch
10.40	Fitness studio, Highgate case study	Akzo Nobel
10.55	Panel discussion & Q&A	Chair + 3 speakers
11.05	Break & networking	
Session 2	The role of technologies in improving health and wellbeing – structured panel discussion	
11:30 – 12:30	Panel includes: <ul style="list-style-type: none"> • Ambius • Biotecture • Akzo Nobel • Waldman • Ecophon • Oliver Heath Design 	
12:30	Lunch & networking	
12.40	During Lunch - David Osgathorp's talk on "the importance of healthy life style"	
Session 3	Interactive Tours	



14.00	Site tours begin of Bre Innovation Park	John O'Brien, Associate Director, BRE Innovation Park
15.00	Biophilic Self Tour of London – Coaches Depart	